

# George Ronald Publisher Ltd

www.grbooks.com



# MATERIALISM

MORAL AND SOCIAL CONSEQUENCES

## Abdu'l-Missagh Ghadirian, M. D.

Materialism continues to have a devastating impact on societies and individuals throughout the world. Examining psychological, sociological and spiritual perspectives and substantiated by extensive scientific research, this book focus on the moral and social consequences of materialistic mindsets and challenges the view that matter is the centrepiece of life –a view that

denies spirituality, conscience and feeling. It advocates for a sensible balance between the spiritual and material aspects of life as two pillars of an equitable civilization.

Originally published in 2010, this updated and expanded edition (2017) now includes valuable insights on materialism and mental health, bioethics and climate change, in addition to its original challenges to the unbridled accumulation of wealth leading to the inequities, economic injustices and corruption of our modern world. These are not only economic issues; extremes of wealth and poverty are also a moral dilemma. The author discusses the roles of egotism, arrogance and indifference to the plight of millions who die each year from starvation and disease. Such indifference, as well as the deterioration in human behaviour, are rooted in the loss of values and spiritual perspectives on life.

The first edition of this book received the Distinguished Scholarship award of the Association for Bahá'í Studies in 2011.

#### About the author

Dr Abdu'l-Missagh Ghadirian is a Professor Emeritus of McGill University, Faculty of Medicine, and a Distinguished Life Fellow of the American Psychiatric Association. As author, educator and researcher, he has published extensively on psychosocial and spiritual issues and spoken at many universities and public events around the world. Among his publications in recent years are *Creative Dimensions of Suffering* (2009) and *Steadfastness in the Covenant: Responding to Tests and Tribulations* (2014). His current interest is the exploration of the interrelationship between religion and science in the advancement of civilization.

ISBN: **978–0–85398–607–2** Soft Cover 272 pages

£12.95 / \$24.95 216 x 138 mm ( 8.5 x 5.5 ins)

OTHER TITLES BY ABDU'L-MISSAGH GHADIRIAN, M.D.

ALCOHOL AND DRUG ABUSE A PSYCHOSOCIAL AND SPIRITUAL APPROACH TO PREVENTION Soft Cover ISBN: 978-0-85398-516-7 £9.95 / \$19.95 AGEING: CHALLENGES AND OPPORTUNITIES

Soft Cover ISBN: 978-0-85398-329-3 £6.95 / \$12.95

### TABLE OF CONTENTS

- Introduction to the Second Edition
- Capitalism and materialism Pathways to a materialistic attitude Perspectives from psychology
- 2 Exploiting Desire:The Rise of Consumerism Children and the marketing industry Materialism and youth
- 3 Materialism and Discontent The escalation of expectations: A cycle of neediness Contentment The pursuit of happiness
- 4 Materialism and Mental Health Depression and mental Fear and anxiety Violence and self-destructiveness Affluence and the 'Affluenza' phenomenon The recession effect
  - Loneliness and materialism Lifestyle choices influenced by materialism
- 5 Materialistic Science and Bioethics Materialistic science Who is a person? An ethical debate The notion of 'abortion after birth' Pre-natal selection and abortion
- 6 Finding the Balance: Materialism and Intrinsic Values Intrinsic and extrinsic values In search of the true self Human desire: Religious perspectives The dynamics of material and spiritual nature
  - A culture of pleasure Science and greed
- 7 Wealth, Poverty and Moral Values Egotism vs. humility Moral challenges in present-day society Global poverty and wealth World health and poor nations
- 8 Global Warming, Climate Change and Environmental Degradation Climate change and man-made pollution What leads to global warming and climate change? Environmental degradation
- 9 Consequences of Materialism Material wealth and spiritual poverty Child labour Human trafficking and forced labour Human organ trafficking 'Blood diamonds' and 'conflict minerals' lvory and the exploitation of elephants The medicalization of life challenges Beyond material attachment Making the right choices
- 10 Bahá'í Perspectives on Materialism Two calls to success and prosperity The cult of individualism The cancer of materialism Spiritual progress in a material world The mysteries of detachment Meanings of self and transformation
- I I Spiritual Dimensions of Human Prosperity Spirituality and personal transformation Spiritual susceptibility
- 12 Rethinking the Concepts of Wealth and Well-being
  - Toward a spiritual civilization Conclusion Excerpts from the Bahá'í Writings

Order through your local Bahá'í distributor or directly from www.grbooks.com